[Total No. of Page : 1

61302

First P.B.B.Sc. (Nursing) Examination, Winter - 2024 Phase - II
NUTRITION AND DIETETICS

Total Duration : 2 Hours

Total Marks : 35

Instructions : *1) Use **black** ball point pen only.*
*2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.*
*3) **All** questions are **compulsory.***
*4) The number to the **right** indicates **full** marks.*
*5) Draw diagrams **wherever** necessary.*
6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
7) Use a common answerbook for all sections.

Section - 'A'

1. Short Answer Questions (Solve any 5 out of 6) **[5 × 5 = 25]**

a) Define cooking. Discuss about method of food preservation and storage
b) Define BMR and explain factors affecting BMR
c) Method of assessing nutritional status of a preschooler
d) Post operative diet
e) Role of nurse in feeding sick child
f) Theraputic diet for hypertensive patient

Section - 'B'

2. Long Answer Questions (Solve any 1 Out of 2) : **[1 × 10 = 10]**

a) Define malnutrition and list down the casuses of malnutrition.Discuss how mid day meal programme and ICDS, helps to prevent malnutrition among children.
b) List down the various Community nutrition programmes , their objectives and explain the role of nurse in implementing these programme.

